

2024 Lakeland Air Raid Academy - Quarterbacks

Quarterback development camp for incoming 5th through 8th graders

The camp is focused on teaching the mindset, mechanics, and mentality for youth quarterbacks to enhance their skills & knowledge & to achieve success in the Lakeland offensive system Enrollment may be capped to focus intently on skill development & instruction

Focus Areas

Mindset – focused on self-correcting rather than self-destructing, becoming a One Play Warrior *Mechanics* – grip, wrist, elbow, follow through, footwork, shotgun/under center exchanges & drops, leveled throws, playaction fakes, screen work, running & ball security, film & chalk talk *Mentality* – leadership, facing & escaping pressure, acting selfless in the pursuit of victory

Location - Lakeland Union High School Football Turf & Practice Field

Schedule -	Camps Run from 9-10 AM Except When Combined with RB/WR's (9:00-10:30 AM)
Week 1:	Wednesday, June 26
Week 2:	Monday, July 1 / Wednesday, July 3
Week 3:	Monday, July 8 (with RB/WR's)
Week 4:	Monday, July 15 (with RB/WR's) / Wednesday, July 17 (with RB/WR's)

Camp Coordinator – Head Varsity Football Coach Dan Barutha

Cost – \$80 for 6 sessions (7.5 hours)

Please pay with cash and contact Head Coach Dan Barutha at (414) 587-9665 or barutha@lakelandunion.org with questions

Participant:	School:		Age:	Incoming Grade:
Parent/Guardian Name:		Emerg	gency Contact #: _	
Parent/Guardian Signature:				Date:

I, as a parent or guardian of a football camp participant, authorize him/her to participate in the Lakeland Air Raid Quarterback Academy. I authorize the directors of the camp to use their professional judgment concerning medical care. I will be responsible for his/her health insurance in case there is an injury. I also authorize any emergency exam, x-ray, medical or surgical treatment deemed necessary by a licensed physician or hospital. I understand there is a certain risk involved with football activities and we will not hold the coaches, staff, or school district responsible for accidents or injuries.